



COMPREHENSIVE
DERMATOLOGY
CENTER OF PASADENA



January News and Savings

It's time to start fresh. The new year is a time for making resolutions, and we've got some suggestions for you! In 2024:

- Let's be good to ourselves.
- Let's be bold about trying new solutions and experiences.
- Let's go for the glow.
- Let's protect the fabulous skin we're in.
- Let's beat the winter blues.
- Let's HYDRATE! HYDRATE! HYDRATE!
- And let's make memories!

Check out this newsletter for ways we can help you keep these resolutions -- and save. **Happy New Year!**

Remember, this month and every month, when you refer a friend, you both receive a 10% discount on a cosmetic service (to be scheduled at your convenience) with our thanks.

[Visit our Website](#)

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**Healthy, Beautiful Skin
Starts Here and Now**



Looking for a New Year's resolution? Whether you're 30 or 70, our cosmetic consultant **Mary Lou** wants to remind you that you're never too early or too late to start the anti-aging process! We have a plan for you, tailored to your skin's needs, your schedule, and your budget.

If you've never tried a cosmetic treatment, but you're ready to take the plunge, call or email to schedule your complimentary consult with Mary Lou.

In-office or virtual appointments available Monday-Thursday, or with Ruby on Friday.

If you book a treatment at your consult, get 10% off!
(First-time cosmetic patients only)

Looking for some inspiration?

A patient shared with us her "reverse aging" before-and-afters. Thanks to combination treatments chosen specifically for her, she's actually grown younger and more fresh-faced as she's gotten older. And she looks naturally herself!



New Year, New Younger You with CoolPeel



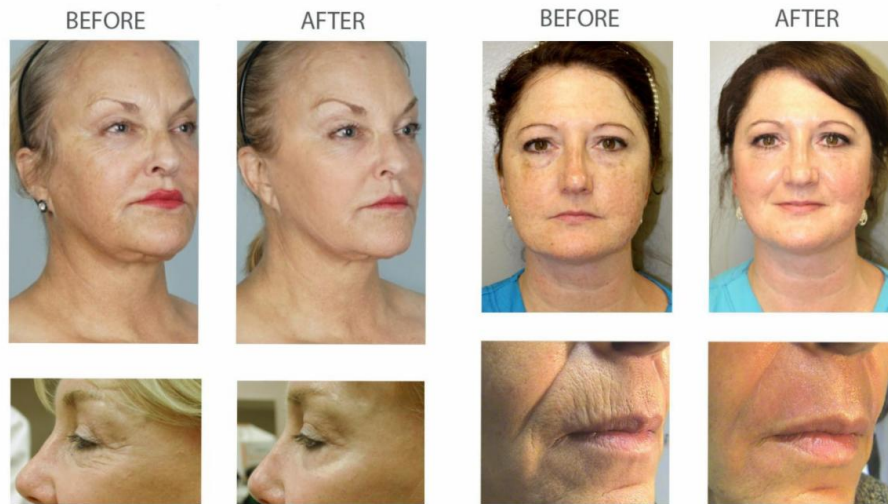
Ready for a new approach to rejuvenation?

It's time to boost your natural collagen, improve your skin quality, and bring out your youthful glow with **Sculptra**.

Not just another filler, **Sculptra** is aesthetic injectable biostimulation that helps increase your own natural collagen production to smooth facial wrinkles, restore volume and improve skin tightness, revealing a refreshed-looking but completely natural you.

Glowing skin starts within. Over a series of treatments, **Sculptra** gradually helps restore your skin's foundation, with glowing results seen as early as 1 month after treatment and lasting up to 2 years.

Call now to book and prepay a series of Sculptra treatments at our multi-treatment discount!



Start the Year with an All-Clear



Give yourself one of the best New Year's gifts ever -- a full-body skin check!

Skin cancer is all too common, but early detection provides the best chance to treat this possibly disfiguring and deadly disease. **We recommend that all our patients receive a full-body skin check once a year (more frequently if you have a history of skin cancer or are at greater risk due to UV exposure).** Make it a January practice!

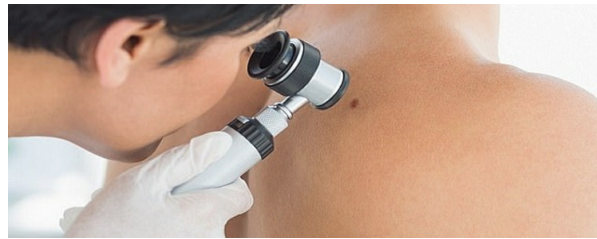
Here are some tips from the **Skin Cancer Foundation** for getting the most out of your annual skin check:

1. **Perform a self-exam** and come to your appointment prepared with notes

about any new, changing or unusual spots you want to point out to your dermatologist. If you've taken smartphone photos of a spot that has changed over time, be sure to show them to your provider.

2. **Remove nail polish** from your fingers and toes to enable thorough examination of fingers, nails and nail beds, since skin cancers can form there.
3. **Wear your hair loose.** Remove pony tails, buns or hair clips so that your doctor can get a good look at your scalp where skin cancers can, and do, develop.
4. **Remove any makeup** before your exam so that the skin around your eyes is easy to examine.
5. **Ask questions.** This is your opportunity to get valuable advice and insight from a professional trained specifically in diseases of the skin. From explanations of unfamiliar terms to pointers on how to do a skin self-exam, your provider is an excellent source of information!

Call now to book your annual full body skin check with one of our PAs and we'll give you a FREE sunscreen!



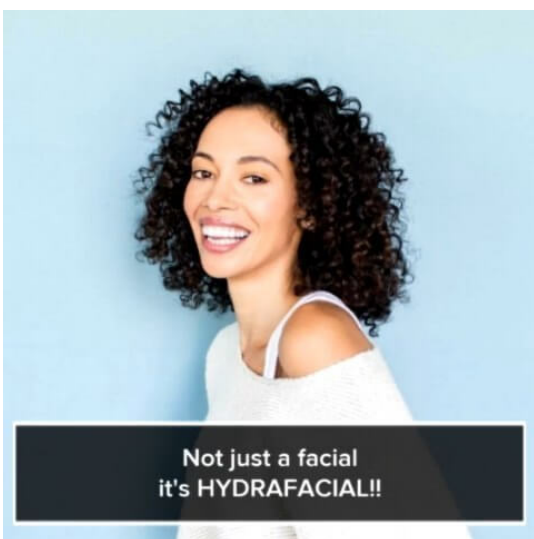
**Kick Your Skin's Winter Blues
with Refreshing Spa Savings**



Winter skin can be, well, *sad* skin. Even without the ice and snow that plague other parts of the world, Southern California skin is subject to wind and cold and indoor heating, all of which rob skin of necessary moisture. Then there's the lingering effect of all that holiday snacking and toasting and running around and staying up late, showing up in breakouts and dark circles and dullness.

Fortunately, what your skin needs to cheer up is right here this month, with 10% off our most luxurious, refreshing, hydrating aesthetic treatments to help you go from zero to glow in no downtime at all.

Call now to book and prepay your HydraFacial or DiamondGlow treatment and save 10%!



HydraFacial
Your best skin is as easy as 1-2-3!



DiamondGlow
Take your glow further.

Every **HydraFacial** treatment starts with three simple steps—from there, we'll personalize the experience based on your skin goals.

Cleanse

- Deeply cleanses and exfoliates with a gentle peel to uncover a new layer of skin.

Extract

- Removes impurities from pores with painless gentle suction.

Hydrate

- Saturates the skin's surface with intense moisturizers and nourishing, personalized ingredients.

Leading with innovation and backed by science, **DiamondGlow** is a new way to unlock your skin's potential and reveal your radiance.

DiamondGlow is more than a facial. Unlike traditional wet facial treatments, which rely on chemical exfoliation to treat skin at surface level, **DiamondGlow's** patented recessed diamond tip wand delivers a next-level resurfacing treatment that deeply cleans and rejuvenates the skin.

DiamondGlow is powered by **SkinMedica Pro-Infusion Serums**, infused onto the skin when pores are still open and most receptive.



Product of the Month: Your Hydration Favorites!



If you haven't already guessed, your skin's mantra for 2024 should be HYDRATE! HYDRATE! HYDRATE!

But we won't just tell you to do it -- we'll make it painless. This month only, while supplies last, save 10% on your favorite hydration products, SkinMedica's HA5 Rejuvenating Hydrator or Skin Better Science Trio Rebalancing Moisture Treatment.

Start the new year with a splash!



SKIN MEDICA HA5 REJUVENATING HYDRATOR

Provides immediate smoothing in the appearance of fine lines and wrinkles, and supports the skin's natural ability to retain moisture, resulting in radiant, rejuvenated tone and texture.



SKIN BETTER SCIENCE TRIO REBALANCING MOISTURE TREATMENT

A high-performance, triple-action formula that helps to hydrate a compromised barrier and bring moisture back to the dry, aging skin. Offers heavy hydration without the weight.

In the Office





Holiday Memories

CDCOP providers and staff enjoyed holiday food, fun, and festivity on Friday, December 15, 2023. We hope you and yours made some great memories, too!

[Text Link](#)



Happy
New Year!

Here's to a year of health, beauty,
and happiness for you and yours!

Mary Lou's News: Let's Stay Connected!



It's a new year full of promise and possibility!

Let me be your point person for your skin's 2024 agenda. In addition to offering complimentary consultations (for more about that, see the first story in this newsletter), I want to invite you to stay in touch through this newsletter, our Instagram, and all the other ways we keep you up to date on the latest and greatest cosmetic and aesthetic products and services -- as well as how you can save on caring for your healthy, beautiful skin. **Don't forget to keep your email and other contact information current with us,**

so we don't miss each other!

I'm **Mary Lou Brimecombe**, CDCOP's cosmetic consultant. I can help you explore the full range of skin care treatments and products we offer. I'd love to set up a complimentary

consultation for you -- either in-office or virtually from wherever you are. Together we can create a skin care plan that's suited to your needs, your schedule, and your budget.

Book your complimentary consultation with me (appts. available Monday-Thursday), or with Ruby on Fridays.

Look Younger Now--Pay Over Time

Ask me about CareCredit, our financing service. It's easy to apply, and you have twelve months to pay for your treatment--at NO interest! (Note: Payment plans not available for prepaid discounted treatments, products, and packages.)

The Fine Print

All treatment offers are for new bookings ONLY.

Unless otherwise specified, all offers are good through **January 31, 2024** only, and may not be combined with other discounts. You may prepay treatments to get the discount; prepaid treatments may be scheduled at your convenience within 6 months unless otherwise noted. Thank you!

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