

COMPREHENSIVE DERMATOLOGY CENTER OF PASADENA

In This Issue

Keeping in Touch

Teledermatology for You

Screening Out Screentime

Product of the WEEK:

20% Off TNS Essential Serum

In the Office: We're Here for Each Other

Mary Lou's News: Schedule a Future Consult

Stay Connected



Join Our Mailing List!

Volume 9, Issue #4

April / 2020



Keeping in Touch, Staying Safe

It's an April like no other. We're in the fight against COVID-19 together. And though it's not business as usual for any of us right now, **we're keeping in touch (without touching!)** to let you know we're here as always to meet your healthy skin needs. Please forward this newsletter to a friend, and don't forget that **this month and every month, when you refer a friend, you both receive a 20% discount on a cosmetic service (to be scheduled at your convenience once the situation allows) with our thanks.**

Teledermatology: It's Easier than You Think to Keep Your Skin Healthy Remotely

We're As Close As Your Phone, Tablet, Laptop or Desktop



Don't worry ... your skin is not alone.

Our office is closed during the COVID-19 safety measures. But we're still "seeing" our dermatology patients, and you can "see" us for your skin health needs. We've switched our existing patients to

tele dermatology.

Relax.

Remote care is easy.

You don't need to be a technical wizard to schedule a tele dermatology appointment. All you need is your phone, tablet, or laptop/desktop computer to connect with us to monitor ongoing treatment and medications, have us look at a new skin lesion or rash that concerns you, or get advice on treatment for acne, rosacea, and other conditions.

You can "see" your own trusted providers and have your questions answered in real time.

The process is a breeze.

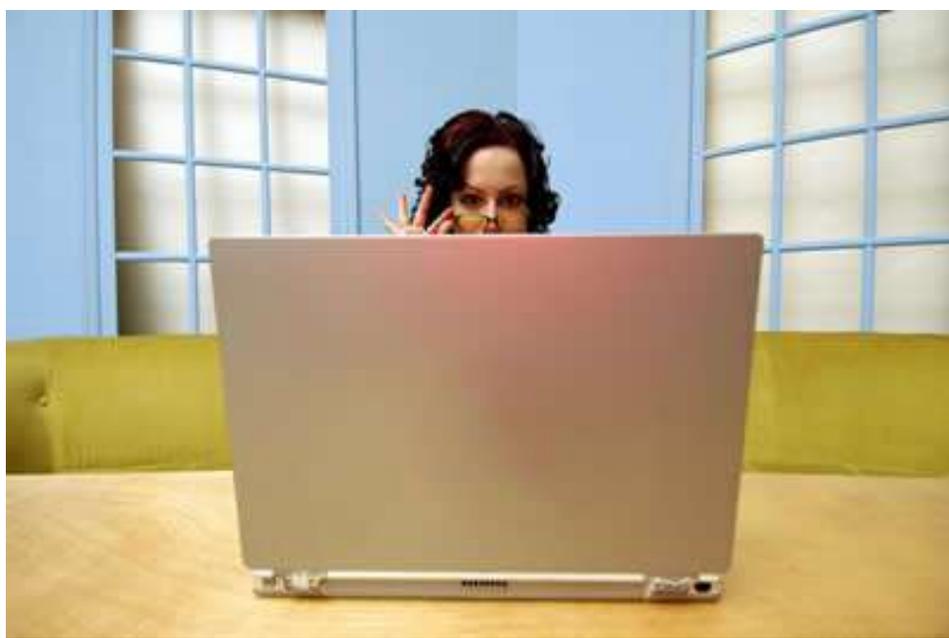
Please call our office and leave a message with your name, date of birth, phone number, reason for visit, and your provider, and we will get back to you to schedule a remote office visit. We'll talk you through the simple connection on your phone, tablet, or laptop/desktop computer.

We are grateful to be able to continue to offer you exceptional care. Please stay safe and healthy.



Protect Yourself From Rays INDOORS, Too

Screen Your Skin from Screenshot



While you may not be spending much time outdoors during the coronavirus quarantine, Dr. Neda Black reminds us that working or attending classes from home -- or even too much free time spent playing Animal Crossing -- can subject your skin to a lot of extra screentime and damaging rays.

Make sure you give yourself frequent breaks from the laptop, phone, or TV (especially before bedtime, as screen lighting can interfere with sleep). And to keep your skin protected, use a good sunscreen or moisturizer with broad-spectrum UV protection.

SkinMedica's Total Defense + Repair and **ISDIN's Eryfotona Actinica** are two we highly recommend for superior protection ... indoors or out!



Please note that even while our office is closed to in-person visits, you may call or email to order skin care products for delivery by mail or for curbside pickup during office hours.

Product of the WEEK!

TNS Essential Serum



Instead of a Product of the Month, we'll be offering 20% off a Product of the Week for as long as the coronavirus emergency lasts! Stay tuned for weekly eblasts featuring your favorite skin care products.

This week's special is 20% off SkinMedica's TNS Essential Serum, one of your favorites.

TNS Essential Serum is an all-in-one aesthetic treatment targeted to reduce the appearance of fine lines and wrinkles after just one month. Carefully selected antioxidants and peptides in **APS Corrective Complex** complement the benefits of growth factors in **TNS Recovery Complex** for overall younger-looking skin.

Call or email to order, and we will send your purchase by mail or make it available for curbside pickup during office hours.

TNS Essential Serum at 20% off is good only through Friday, April 10, and while supplies last!

Before



After (week 24)



Thank You for Keeping Safe and Keeping in Touch



All of our providers and staff are grateful for your cooperation during this important initiative to fight the coronavirus spread. We can't wait until we can welcome you back in person (and you'll be the first to know when we do), but until then we appreciate everything you are doing to help keep our community safe.

We are here for you in all the ways possible under the circumstances, from remote medical appointments to product ordering and delivery.

In the meantime, keep washing those hands, limiting excursions from home to essential activities, and bending the curve. (Remember, you can still bend your own curves by avoiding stress eating and getting daily exercise -- outdoors, if you can do so safely while maintaining social distance!)

We'll be in your Inbox. Look for us!



Foothill Family
YEARS of caring
for our communities
WWW.FOOTHILLFAMILY.ORG



We know that the COVID-19 emergency has led to financial challenges for all of us. This is particularly true for the most vulnerable in our community. If you are able, please [make a donation](#) to support Foothill Family in their efforts to provide care for children and families. Any amount is deeply appreciated. Thank you!

Mary Lou's News

Someday Soon, We'll Be Back to Cosmetic Dermatology



Longing for the time when we can bend our curves with CoolSculpting again, or erase the quarantine stress wrinkles with fillers? Looking to emerge from lockdown and turn back the clock?

Wondering how to budget future cosmetic care in a time of limited resources? You can call or [email](#) me today to schedule your complimentary cosmetic consultation for later this year.

I'm Mary Lou Brimecombe, CDCOP's cosmetic consultant. I'll work with you to develop an individualized skin care plan that suits your needs, your schedule, and your budget.

Look Beautiful Now--Pay Over Time

Ask me about **CareCredit**, our financing service. It's easy to apply, and you have six months to pay for your treatment--at NO interest! (Note: Payment plans not available for prepaid discounted treatments, products, and packages.)

The Fine Print

Unless otherwise specified, all offers are good through April 30, 2020 only, and may not be combined with other discounts. You may prepay treatments to get the discount; prepaid treatments may be scheduled at your convenience unless otherwise noted. Thank you!

Comprehensive Dermatology Center of Pasadena

A Medical Group
625 S. Fair Oaks Avenue, Suites 200 & 220
Pasadena, CA 91105

(626) 793-7790

<http://compdermcenter.com>

info@compdermcenter.com

Heather Butler, MD

Sara Gaspard, MD

Han Lee, MD

Neda Black, MD