



COMPREHENSIVE DERMATOLOGY

CENTER OF PASADENA

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NEW YEAR NEW YOU

Wishing You a Healthy, Beautiful 2017

The calendars are blank, the countdown restarted, the resolutions still unbroken. It's that month of promise, when everything is possible for the year ahead. Please keep us in your plans for the next 365 days, and we'll keep our resolution to help you maintain your young, beautiful, healthy skin all year long. Please forward this newsletter to a friend, and don't forget that **this month and every month, when you refer a friend, you both receive a 20% discount on a cosmetic service with our thanks.**

Your 2017 Skin Care Plan Starts NOW

Schedule Your Cosmetic Consultation with Mary Lou Today



Whether you're a loyal longtime patient or a newcomer interested in exploring our cosmetic solutions, you know planning is everything. Many treatments require time or multiple sessions for optimal results. Some treatments (see **It's Laser Time**, below) are better scheduled at one time of year than another, and some treatments require longer downtime for recovery.



Get ahead of this beautiful year NOW by scheduling your complimentary consultation with our cosmetic consultant **Mary Lou Brimecombe**. Mary Lou can help you develop a comprehensive skin care plan tailored to your skin's needs, your expectations, your schedule, and your budget. She'll let you know what new products and treatments are available this year (see **Refyne and Defyne**, below) and how our full line of cosmetic and aesthetic services and products can work for you.

If you took advantage of our **12 Days of Gorgeous** specials in December -- as so many of you did, thank you! -- now's the time to schedule those prepaid treatments and services. Mary Lou will assist you with that, too.

Call or email TODAY to schedule your complimentary consultation with Mary Lou, and kick off your beauty calendar for 2017!

COMING SOON! Refyne and Defyne

Next-Generation HA Fillers from the Makers of Restylane



FDA
APPROVED

On December 12, 2016, the makers of **Restylane** received FDA approval for two new injectable fillers to treat moderate to severe nasolabial folds ("laugh lines"). Using the next-generation *XpresHAan* technology, these soft hyaluronic acid fillers offer an unprecedented degree of flexibility and customization for natural-looking, lasting results.

Restylane Refyne, with a greater degree of flexibility, is designed for smoothing moderate to severe typical laughs lines.

Restylane Defyne, with less flexibility, is designed for smoothing and supporting the underlying structure of deeper moderate to severe laugh lines.



In studies, the majority of patients noted at least one degree of improvement on a five-point scale after 6 weeks. Treatment lasts up to 12 months.

We will have Restylane Refyne and Restylane Defyne in the office soon. Talk to Mary Lou now about what these new-generation fillers can do for you, and learn about introductory discounts.

It's Laser Time!

Shorter Days Mean Less Sun Avoidance



Even Southern California has cloudy skies and shorter days in the winter months. That makes this the perfect season to schedule laser rejuvenation, which requires UV exposure avoidance, to a greater or lesser degree depending on the treatment, both pre- and post-procedure.

Laser treatments to consider during this season include:

SmartSkin CO2 Laser Rejuvenation

Whether you choose full face treatment or the "Madonna eyelift," **SmartSkin CO2 Laser Rejuvenation** offers all the benefits of surgery with less risk, expense, and recovery time.



BEFORE



AFTER

IPL FotoFacial

Zap away sun damage, age spots, and fine lines, shrink pores, and restore your skin's smooth texture and even pigmentation.

Vbeam Treatment for Rosacea and Redness

Reduce the redness and inflammation of chronic rosacea, broken capillaries, and other pigmentation issues.

Photo-Dynamic Therapy (PDT)

Treat the pre-cancerous lesions known as actinic keratoses with light therapy.

Call or [email](#) our cosmetic consultant Mary Lou today to discuss scheduling laser treatment.

January Spa

The Star Treatment Oxygen Facial

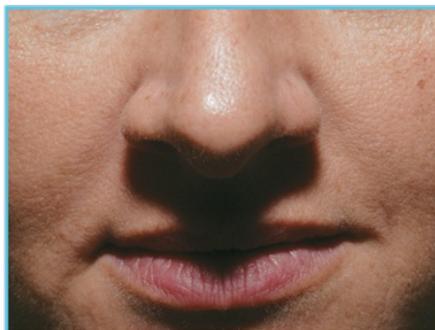


It's a *drrrrrrrrry* time of year, with chilly winds and overheated rooms. We don't get as naturally thirsty during the cooler winter months, so we need to be reminded to hydrate hydrate hydrate from the inside out with lots of water. Skin gets thirsty, too, so quench yours with our **Star Treatment Oxygen Facial**, which uses jets of pure oxygen to send hydrating, nourishing treatments deep into the skin. Special acne treatment available. Book yours with our aesthetician **Sandra** today!

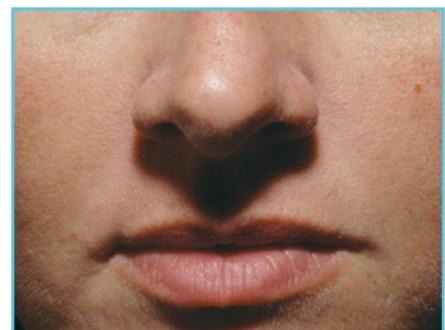
Product of the Month

Quench, Nourish Winter Skin with NeoCutis Bio-Cream

Hydrate and restore your skin with NeoCutis Bio-Cream, the restorative moisturizer that returns skin's youthful smoothness, firmness, and dewy glow.



BEFORE



AFTER 6 MONTHS OF BIO•CREAM
WITH 0.05% PSP[®]*



This month only, purchase NeoCutis Bio-Cream in the 50 mL size for just \$125 (you save \$25!).

Around the Office

We Hope Your Holidays Were Filled with Joy!

Our Comprehensive Dermatology Center of Pasadena Doctors Heather Butler, Sara Gaspard, and Han Lee (joined by retired Dr. Marion Quinn!) and our entire medical, laser, aesthetic, and professional staff enjoyed a festive holiday gathering at Cafe Bizou.



Saturday Hours

We are open two Saturdays this month -- January 7 and January 28 -- from 8:30 am to 12:30 pm for medical, laser, and aesthetic appointments.

Mary Lou's News

Let Me Help You Put Away the Holiday Leftovers



Shhhhh! Nobody has to know about that extra little muffin top or leftover turkey neck. I can help you choose treatments – from **CoolSculpting** to **KYBELLA** – that will smooth away those excess holiday indulgences and start off your New Year with a clean plate. er. slate. And I'll help you do it on your schedule and

The Fine Print

I'm Mary Lou Brimecombe, CDCOP's cosmetic consultant. Call or [email me today for your complimentary cosmetic consultation](mailto:marylou@compdermcenter.com). Unless otherwise specified, all offers are good through January 31, 2017 only, and may not be combined with other discounts. You may prepay treatments to get the discount; prepaid treatments may be scheduled at your convenience. Thank you!

Ask me about **CareCredit**, our financing service. It's easy to apply, and you have **Comprehensive Dermatology Center of Pasadena** (not available for prepaid **Asmetica** treatments, products, and packages.)

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